

# 5 Step Wardrobe Detox



1 Take all your clothes out of your closet

2 Try everything on in front of a mirror

3 Ask yourself:

- When did I last wear it?
- Does it look good?
- Does it fit?
- Is it worn out?

4 Make two piles:

- To keep
- To go:
  - sell
  - donate
  - toss

5 Take notes to help define your style

