

# DNA GROUP GUIDE

## Simple Overview of Anthem DNA Groups

- Meet once a week for approx. **1 hr. 15 min.**
- Each DNA group is **relationally driven**
- Groups of **2-4 people** (same gender)
- Groups are self-led and reproducible

## What Does “DNA” Mean?

- **Discover** – Learn from Scripture and the Spirit what God is saying
- **Nurture** – Speak the gospel into each other’s hearts, especially around unbelief or sin
- **Act** – Obey what God is saying and support each other in steps of faith and mission

This rhythm helps us be formed into the image of Jesus together. **Our goal is to be with Jesus, become like Jesus, and do what Jesus did.**

## Weekly Rhythm of a DNA Group

1. **Life + Prayer**
  - Start with honest life updates
  - Ask: “Where are you experiencing joy or struggle?”
  - Pray before diving into Scripture
2. **Discover (The Word + Listening)**
  - Read a passage of Scripture together (pre-chosen or ongoing)
  - Ask:
    - What does this show us about God?
    - What does this reveal about humanity or myself?
    - What might God be saying to me?
3. **Nurture (The Gospel + Heart)**
  - Practice **gospel fluency**
  - Ask:
    - Where am I believing lies about God, myself, or others?
    - How does the gospel speak into this fear, sin, or situation?
  - Speak gospel truth—not just advice or correction
4. **Act (Obedience + Mission)**
  - Ask:
    - What is God calling me to do in response?
    - Who might God be sending me to love, serve, or share with?
  - Set specific action steps, check in next time
  - Each week, we commit to obedience—not perfection, but movement.

## Preparing for Your DNA Group

Before you meet, take time to read the passage, journal your thoughts, and reflect on what it shows about God, yourself, and what He might be saying. Bring your notes to group, where you'll read it aloud again and share what God showed you.

## Who Should Be in an Anthem DNA Group?

1. A disciple of Jesus who **knows their need for Jesus** (Luke 5:29–32)
2. A disciple of Jesus that will be **faithful to the process** (2 Timothy 2:2)

These two traits keep DNA from drifting into passive hangouts or overly intense accountability huddles. They balance grace and growth. Again our objective is to become more like Jesus. We want to be with Jesus, become like Jesus, and do what Jesus did.

## **ONGOING EMPHASES IN EVERY DNA GROUP**

### **PRAYER FOR THE LOST**

Identify 2 or 3 people whom you want to see receive salvation. All names will be prayed for by the DNA group. Keep this paper in your Bible as a reminder to pray for these people to know Jesus.

#### **List Names:**

#### **Praying Scripture Over Each Person's Life:**

- **John 6:44** – “Lord, I pray you bring \_\_\_\_\_ to yourself.”
- **Acts 17:27** – “I pray that \_\_\_\_\_ will seek to know you.”
- **1 Thess. 2:13** – “I pray that \_\_\_\_\_ will hear and believe the Word of God for what it really is.”
- **John 16:7-14** – “Holy Spirit, I ask you to convict \_\_\_\_\_ of sin and their need for Christ's redemption.”
- **Col. 4:3-6** – “I also ask that you give me the power and opportunity to share the gospel with \_\_\_\_\_.”
- **John 1:12, 5:24; Rom. 10:9; Col. 2:6-7** – “Lord, I pray that \_\_\_\_\_ will confess Christ as Lord and put all truth in Him alone.”
- **Romans 10:1** - “Brother, My heart's desire and prayer to God for them is that they may be saved.”
- At some point this summer, each guy should be ready to **share one story**—a spiritual conversation, a step of obedience, or an answered prayer—as a way to celebrate what God is doing and build each other's faith.

### **MUTUAL ACCOUNTABILITY**

Identity, character, and behavioral transformation are vital parts of following Jesus. This is a grassroots way to live out Anthem's core strategy—relationships—in order to reproduce disciples in the 303. These questions aren't about perfection but honesty. They help us stay awake to who we're becoming.

#### **Accountability Questions:**

1. Have you been a testimony this week to the greatness of Jesus in your words and actions?
2. Have you been exposed to sexually alluring material or allowed your mind to entertain inappropriate sexual thoughts about another this week?
3. Have you lacked integrity in your financial dealings or coveted something that doesn't belong to you?
4. Have you been honoring, understanding, and generous in your important relationships this week?
5. Have you damaged another person by your words, either behind their back or face to face?
6. Have you given in to an addictive behavior this past week? Explain.
7. Have you continued to remain angry toward another?
8. Have you secretly wished for another's misfortune?
9. \_\_\_\_\_(*Your personalized accountability question*)\_\_\_\_\_
10. Did you finish the reading & hear from the Lord? What are you doing about it?
11. Have you been totally honest with your brothers/sisters today?