

"Come to me, all who are weary and heavy-laden, and I will give you rest."

#### Mission:

To come along side those in our church family who are caregivers.

# Vision:

A team of compassionate volunteers willing to do small, simple, practical things to help others who are caring for someone or for those who are temporarily homebound and might need a helping hand themselves.

### Scope:

- Recipients of this ministry will be caregivers or individuals that are temporarily homebound in our church family.
- Caregivers that have been personally referred by a member of our Church Family.
- Volunteers will not perform any hands-on personal care.

### **Definitions:**

- Caregiver: A person who regularly provides social and/or physical support to a sick, elderly, or disabled family member.
- Homebound: A person with a recent injury or illness that limits their ability to leave the home.
- Church family: A person who is a member or regular attender of Camarillo Community church.
- Volunteer: A person who offers to do something without being forced to do it or without getting paid for it.

# Examples of Activities Volunteers might perform:

- Pick-up and deliver groceries, prescriptions or other supplies.
- Provide or be a resourse to help arrange transportation.
- Perform light household or gardening chores.
- Sit with the family member to allow the caregiver a brief break.
- Deliver or prepare a meal.
- If the family member is in a facility, visit with the resident and/or perform tasks like doing laundry so the caregiver can take a few days off.
- Listen and pray with caregiver. Be present with them this is critical.
- Make phone calls to check in with caregiver or homebound person.
- Therapy dog visits (if certified).
- Be a resource for community services.

### Volunteer requirements:

- Be a member or regular attendee of Camarillo Community Church
- Complete an application which includes a statement as to why you want to volunteer for this care ministry.
- Identify that one of your spiritual gifts is to serve others.
- Identify which type of services you are comfortable performing.
- Agree to maintain confidentiality.
- Agree to a background check.
- Be approved by church leadership to volunteer.

### **Caregiver / Homebound requirements:**

- Be a member or regular attendeee of Camarillo Community Church
- Caregiver that has been personally referred by a member of our church family.
- Be an unpaid caregiver
- Complete an application to receive services from a volunteer.
- Be approved by church leadership.

If you are interested in being a volunteer for this caregiver ministry, please contact <u>info@camcc.net</u>. If you are interested in receiving services from this caregiver ministry, please contact <u>ginger@camcc.net</u> or complete the interest form online.